



12th Annual Pro.Active for Life 5K Run/

Friday, May 11, 2018 -- 6:30pm Downtown

7th Race of the Frankfort Striders Run/Walk Series



Online Registration:

[http://www.runsignup.com/race/KY/
Frankfort/ProActiveforLife5K](http://www.runsignup.com/race/KY/Frankfort/ProActiveforLife5K)

Paper Registration forms also available at:
Pro.Active Therapy,
[unitedwayfranklincounty.org](http://www.proactivetherapy.org/),
<http://www.proactivetherapy.org/>
or by calling 502-875-1675

To Volunteer for our Cheer Teams:
502-875-1675 or visit the Volunteer Page at
unitedwayfranklincounty.org

*For more information about any
components of the Pro.Active for
Life 5K, contact Race Director
Becky Cottongim at
(502) 545-1211
or proactive4life5K@gmail.com

- Franklin County's Second Oldest Race
- Chip Timing, Wave Start
- Health & Wellness Fair, Old Capitol lawn, 5-8 PM
- Cheer Teams along Route
- Only Race Giving Age Group First Timer Awards
- \$1,000 Total Giveaway - School Challenge Awards
- Cool Kids School - Monarch Way Station by InsideOut Design
- Free Training Programs - proactivetherapy.org/pro-active-for-life-5k
- Adults: \$20, Children: \$15 (now thru May 9th)
- Late Registration May 10-11, \$25/adults, \$20/child

Benefitting:



Register



Volunteer